



Montgomery County Prevention Coalition

Educate | Advocate | Empower



2024

ANNUAL REPORT

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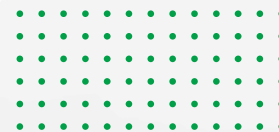
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WE ARE BETTER & STRONGER WHEN WE WORK TOGETHER.

MISSION

To mobilize Montgomery County to prevent youth substance use and promote positive mental health through implementation of evidence-based prevention strategies and community collaboration.

VISION

A community where every individual lives a substance-free life with optimal mental health.

THANK YOU

FROM OUR COALITION MANAGER

The MCPC walked into 2024 with big dreams. We were just starting CADCA's National Coalition Academy and planned to apply to become a Blue Ribbon Coalition. We were planning to complete four suicide prevention murals throughout the community through a grant from Culture Works – a lofty goal, we knew. We were heading into the second year of our Strategic Action Plans.

2024 was the year when these big dreams – and more – were realized. We were asked to present at state and national conferences, including the CADCA conference in Washington, D.C. We did, in fact, receive recognition as a Blue Ribbon Coalition – one of the top 11 in the country. We added four new murals to the community, launched our suicide survivor support group, created our Safe Homes campaign, supported Erin's Law implementation in schools, and so much more. For me, 2024 was the year I started to see some great confidence exude from Coalition members. You started to realize the impact of your work and saw others across the state taking notice. You started to realize what I knew all along – just how great you are.

I had the highest hopes for 2024, but what I didn't expect was that it would be my last year as the Coalition's Manager. That happens sometimes; new opportunities come along and the seasons of life change. I will miss this work dearly, but I will mostly miss working with each of you daily. Your passion for the cause and commitment to your community is nothing short of astounding and inspiring. I loved working alongside friends and fellow preventionists each day. I promise to remain the Coalition's biggest fan.

With that, I am excited to hand over the Manager role to Megs Francis, whose vision, leadership and community connections will take the MCPC to the next level. I know that Megs will make needed changes, add a new style and flair, and continue the vital work that you do each day. I can't wait to watch you grow and shine. I promise to remain the Coalition's biggest fan.

Love,



Colleen Oakes

Former Montgomery County Prevention
Coalition Manager

2 COALITION

OVERVIEW

EXECUTIVE BOARD MEMBERS



Matt Tepper
He/Him
President



Tazeen Ahmed
She/Her
Vice President

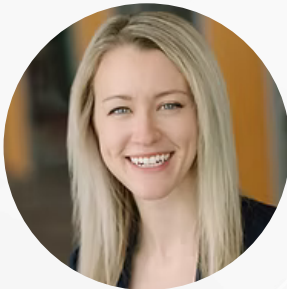


Lake Miller
He/Him
Treasurer



Megan Garrison
She/Her
Digital
Communications
Chair

SUPPORT STAFF



Tristyn Ball
She/Her
Director



Colleen Oaks
She/Her
Manager



Taniayah O'Quinn-Sims
She/Her
Assistant Manager



Sasha May
She/Her
Training
Specialist

PERSONAL AGREEMENT

As a member of the Montgomery County Prevention Coalition (MCPC), I understand the need for respectful collaboration between all members. As a growing, diverse community coalition, I understand and value our differences. This valuing of diversity can only take place when we have a safe space where everyone is welcome to have brave conversations.

I know that everyone is here because they want to advance the mission of the MCPC to prevent substance use and promote mental wellness. We are all part of the MCPC and represent the communities that we live in and serve.

I understand that we are all human and have diverse skills and knowledge in building inclusive communities. Everyone's unique experiences and backgrounds make us better as a coalition.

Growth from within can be difficult. With the support of other coalition members, I am able to examine my personal biases, understand the perspectives of others and broaden my understanding of people who are different from me.

I take responsibility for:

- Entering discussions and meetings from a place of curiosity
- Assuming good intentions
- “Calling in” other members of the Coalition and offering feedback without shaming or judgement
- Asking clarifying questions before reacting
- Recognizing and struggling with my own sensitivities
- Respectfully communicating concerns
- Respecting the confidentiality of all personal information shared by coalition members

3 PARTNERING TOGETHER FOR ONE GOAL

In order to work together to address issues of substance abuse and Mental Wellbeing in our communities first we need to understand the local data on these issues.

SUBSTANCE USE DATA

6% of Montgomery County 7-12th graders reported alcohol use in the past 30 days (Panorama, 2024).

3% of Montgomery County 7-12th graders reported smoking a cigarette in the past 30 days (Panorama, 2024).

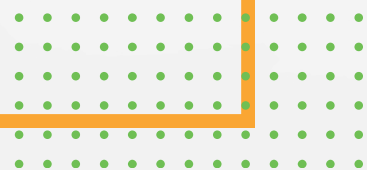
6% of Montgomery County 7-12th graders reported using an electronic vape product in the past 30 days (Panorama, 2024).

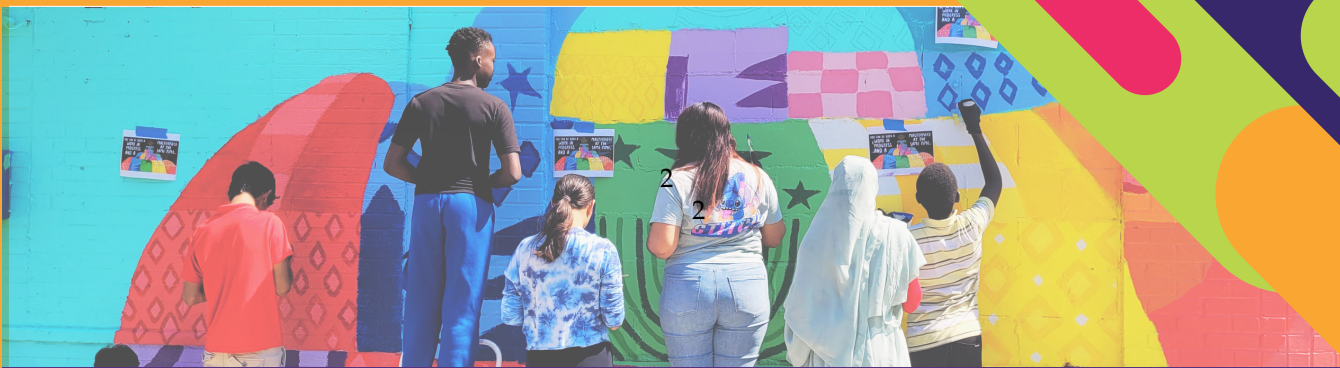
6% of Montgomery County 7-12th graders reported misusing prescription drugs in the past 30 days (Panorama, 2024).

20% of Montgomery County 7-12th graders reported gambling with money or things while playing cards, betting on skills or sports, buying lottery tickets or scratch offs, or in internet gaming in the past 30 days (Panorama, 2024).

9% of Montgomery County 7-12th graders reported marijuana or hashish use in the past 30 days (Panorama, 2024).

176% individuals died of overdose in Montgomery County in 2024 (Public Health Dayton and Montgomery County, 2024).





By understanding the local data, we can come together and support our community in an informed and measurable way. Knowing our community is the foundation for creating a better environment and optimizing health.

Mental Wellness Data

10%

of Montgomery County 7-12th graders reported being a victim of physical abuse (Ohio Healthy Youth Environments Survey, 2019-2020).

68%

of Montgomery County 7-12th graders have experienced at least one Adverse Childhood Experience (ACES) (Ohio Healthy Youth Environments Survey, 2019-2020).

11%

of Montgomery County 7-12th graders have witnessed abuse (Ohio Healthy Youth Environments Survey, 2019-2020).

20%

of Montgomery County adults are at risk for or experiencing a gambling problem (Ohio Mental Health and Addiction Services, 2022).

5%

of Montgomery County 7-12th graders reported experiencing sexual abuse (Ohio Healthy Youth Environments Survey, 2019-2020).

16%

of Montgomery County 7-12th graders reported seriously consider attempting suicide within the past 12 months (Ohio Healthy Youth Environments Survey, 2019-2020).

4 BY THE NUMBERS

263
COALITION
MEMBERS

3,909
SERVICE
HOURS

3
PROJECT
GROUPS

81
ZOOM
CALLS

82
ORGANIZATION
S REPRESENTED

226
COMMITTEE
MEMBERS

114
MEDIA
FEATURES



5

SUBCOMMITTEE HIGHLIGHTS

We continued to make strides to reduce substance use and improve mental wellness throughout 2024. The following are the year's highlights from each subcommittee.

OPIOID PREVENTION

Tabling

- Overdose Awareness Day
 - Shared resources with over 200 individuals
- FOA Rally
 - Over 303 participants visited the committee table and gathered resources
- Have A Gay Day Resource Fair
 - Had over 132 individuals participate

Red Ribbon Week

- Second District Wide Red Ribbon Event
- Youth Prevention Leaders and Hope Squads helped in planning
- Shared information over announcements, Parent Square, Flyers
- Students across the district signed the Red Ribbon Week Pledge

DEA Take Back Day

Saturday, October 26, 10am – 2pm

Partnered with:

- Calumet Center in partnership
- Zik's Pharmacy
- Kroger in Centerville
 - Shared Resources and Detera bags



Advocate of the Year!



Nick Violet
(he/him/his)





Demetrui Fuqua

Welcomed New Co-Chair

Demetrui Fuqua

Safe Homes Pledge and Campaign

- Planning and Creation
- Sent decals advertising Safe Homes
- Shared information at events
- Asked community and families to take the pledge for Safe Homes

Hosted Table at the Hollywood Casino during:

- March: Problem Gambling Awareness Month
 - 1,535 community members impacted
- September: Responsible Gaming Education Month
 - 514 community members impacted



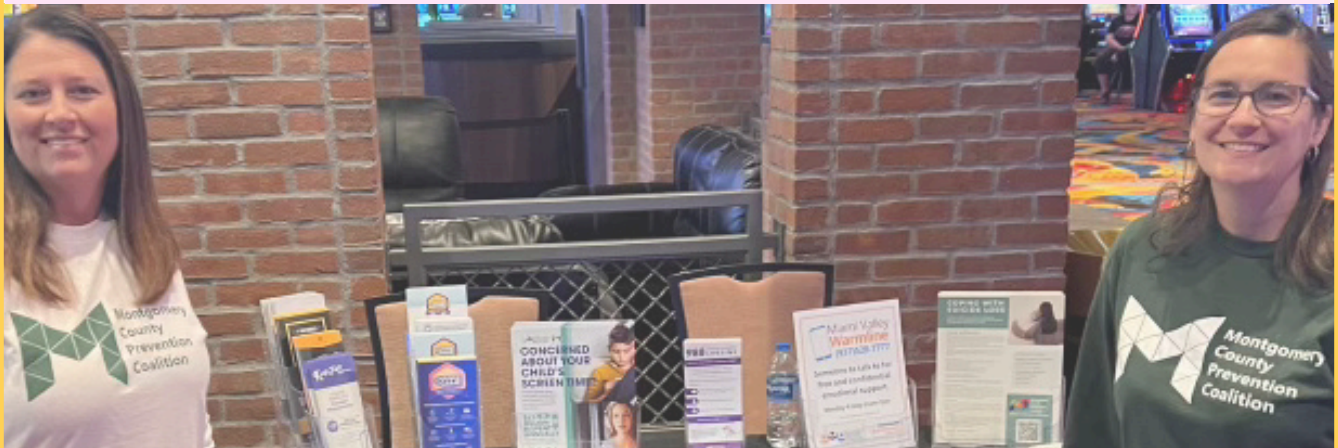
2024 Ohio Problem Gambling Conference

- Presented on Addressing New Problems of Practice with the CADCA 7 Strategies for Community Change

Review of the Digital Detox Website

- Members went through to ensure business still exist
- Removed businesses that we reconsidered promoting
- Added minority owned businesses

PROBLEM
GAMING AND
GAMBLING
PREVENTION



Proposition Bets

Proposition bets or “prop” bets are bets on anything not directly related to the final score or result of the game; for example, how many passes a certain player will make. Prohibiting prop bets helps keep players safe from harassment from bettors who want athletes to perform in certain ways; this includes things like harassment on social media or even stalking college players on campus.

The Policy and Advocacy committee wrote a policy statement on concerns around proposition betting on college players and then shared this with the NCWA who had similar concerns.

These concerns around proposition betting were then shared up to the Ohio Casino Control Commission (OCCC) who moved to prohibit proposition bets on individual college athletes; helping to keep the student athletes safe.

Family Dollar's Liquor License

In partnership with Old North Dayton, the Policy and Advocacy Committee supported residents' voices in opposing granting a liquor license to a local Family Dollar. Residents raised concerns regarding community safety and potential negative impact on the area.

Erin's Law

In 2022 Ohio passed Erin's Law (as part of SB 288) which requires schools to provide age-appropriate sexual abuse prevention education to students, train school personnel on child sexual abuse detection, and inform parents and guardians of child sexual abuse warning signs.

In collaboration with the Power Based Violence Committee, Policy and Advocacy wrote a letter addressed to school personnel regarding requirements as illustrated in the bill, best practices from a prevention standpoint, and additional resources to help schools.

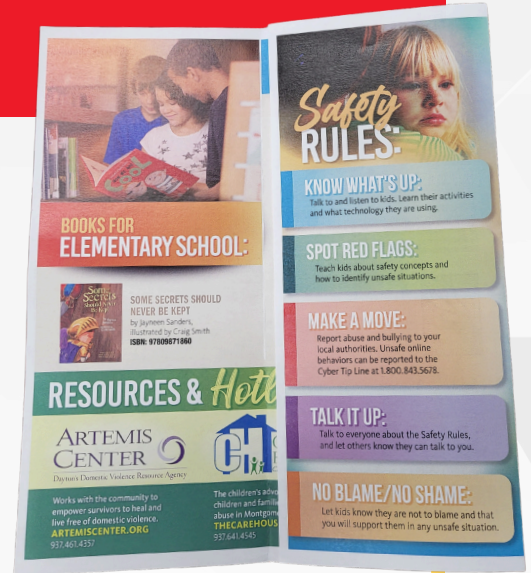


Jordan Ostrum



Supporting Parents in Talking to Their Kids about Violence

- The Power Based Violence committed created a brochure titled "How to Keep your Kids Safe From Violence" to be distributed throughout the community
- Distribution to all Dayton Metro Library Locations. Patrons at each location can pick up the brochure



Erin's Law

- Partnered with the Policy and Advocacy Committee to create a letter addressed to schools in order to educate them about Erin's Law and provided them with resources
- Held a webinar: Erin's Law – A Community Conversation for school personnel

Power-Based Violence Local Business Survey

- Sent a survey to local businesses asking about violence in the workplace and its impact on the businesses and employees

Teacher Appreciation

- Celebrated Teacher Appreciation Day at Trotwood Middle School
- Created a Teacher Fill-in Self-Care resource for area teachers

**SELF-CARE
PROMOTION**

SRM Trainings

- 380 Youth and Adults Taught
- A total of 590 taught since 2023

Mindfulness

- Mindfulness Bookmark for YLP Schools and youth within Montgomery County
- Supported Five River MetroParks and their first permanent installation of a Mindfulness Walk at Eastwood Park





Suicide Loss Survivor Support Groups

- In 2024, we launched our Suicide Loss Survivor Support Groups to support survivors who have lost someone to suicide
 - Completed 2 Support Groups
- Hosted Additional Support Group Facilitator Training in June
- Recruited 30 LOSS Team volunteers

Local Outreach to Suicide Survivors

- Created the L.O.S.S Team
- Hosted Training for Volunteers
- Began partnering with local law enforcement to support survivors

Suicide Prevention Murals

- Total of 5 Murals in the community

Outreach

- During the 988 shop in September, 4,613 materials were distributed to 27 organizations
- Connected with & shared resources with over 400 people during Mental Illness Awareness Week
- Distributed gunlocks and suicide prevention posters/flyers





Youth Leadership

- 243 Youth Leaders in Prevention
- 5,913 students served through the Youth Leadership in Prevention Program
- 4,054 community members served through the Youth Leadership in Prevention Program



Youth Lead Projects

- Gem City Career Prep Spirirt Week
- Drug Free Poster Contest
- Red Ribbon Week
- Be An Upstander
 - 5 news schools in 2025

School Partnerships

- Expanded partnership to 15 schools
 - 5 news schools in 2025



THANK YOU TO SARA



6 CULTURE OF COMMITMENT

Champions of Change 100+ Hours

Rebecca Lewis
Nick Violet

Super Supporter 75+ Hours

Ashley Cable
Amber Wilson

Victorious Volunteers 50+ Hours

Tazeen Ahmed
Sarah Badger
Brittini Long
Sasha May
Vanessa Merrifield

Emily Mongelli
Wanda Ortiz Thayne
Jordan Ostrum
Karen Via

Passionate Participant 20+ Hours

Wendy Berkshire
Heather Bowles
Hannah Brown
Margaret Bruns
Claudia Burnell
Colleen Callahan - Penquite
Ebony Calloway
A'Maria Carter
Ralph Davis
Leigh Ann Fulford
Demetrius Fuqa

Megan Garrison
Erica Gist
Kery Gray
Kayla Hairston
Lora Hammons
Amy Hamilton
Breanna Hamilton
Sue Hanna
Jordan Hodges
Joy Hoeflerlin
Pat Holmes

Jeremy Joseph
Michelle Knight
April Lewis
Cynthia Lewis
Serida Lowery
Shiree McFarland
Lake Miller
Heath Nogle
Topher Peck
Christopher Riga
Shannon Russell

Stacy Smallwood
Quinton Smith
Trent Smith
Pat Stearns
Kayce Stewart
Matt Tepper
Amy Van Verth
Karen Weaver- Wilson
Stacy Whittaker
Jacie Womack

7 MCPC IN THE MEDIA

JANUARY 3, 2024

Dry January Inspires New Menu Items at Local Bars / **WBDT**

JANUARY 8, 2024

About Ohio's Law on Parental Consent for Teen Social Media / **Government Technology**

JANUARY 7, 2024

Explainer: New Ohio law requires parental consent for minor social media use / **Dayton Daily News**

JANUARY 12, 2024

'Uniquely Dayton' awards honor special volunteers / **Spectrum News**

JANUARY 13, 2024

New support group helps those who lost loved ones to suicide / **WDTN**

JANUARY 14, 2024

Health professionals concerned for kids as new marijuana law could increase exposure / **Dayton Daily News**

FEBRUARY 6, 2024

The link between seasons and suicides; professionals share available resources / **WRGT**

FEBRUARY 9, 2024

Gambling addiction support services ahead of Super Bowl LVIII / **WDTN**

MARCH 29, 2024

Political ads can stir up negative emotions; here's how to cope / **WDTN**

MAY 1 2024

DEA making changes to marijuana classifications / **WDTN**

● MAY 22, 2024

Mural unveiled in Dayton to spread hope as suicide numbers increase / **WDTN**

● AUGUST 6 2024

New suicide survivor support program launches in Montgomery County / **WDTN**

● JUNE 3, 2024

New murals in Dayton offer hope and education on suicide awareness / **Dayton Daily News**

● JULY 3, 2024

Prevention Coalition hopes new suicide prevention mural reaches people in need / **Dayton Daily News**

● SEPTEMBER 3, 2024

Is marijuana addictive? Experts weigh in / **Dayton Daily News**

● SEPTEMBER 4, 2024

How do I talk to my child about marijuana now that it's legal in Ohio? / **Dayton Daily News**

● SEPTEMBER 4, 2024

Five on 2: September is Suicide Prevention Month / **WDTN**

● SEPTEMBER 6, 2024

'Give them a voice;' Coalition aiming to bring awareness, prevent youth suicide / **WHIO**

● OCTOBER 20, 2024

Dayton unveils fourth mural in suicide prevention series with block party / **WKEF**





**Montgomery
County
Prevention
Coalition**

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