

Mew Member GUIDE

OVERVIEW

THE COMMITTEES



OUR MISSION

The Montgomery County Prevention Coalition's mission is to mobilize Montgomery County to prevent youth substance use and promote positive mental health through implementation of evidence-based prevention strategies and community collaboration.

OUR VISION

A community where every individual lives a substance-free life with optimal mental health.

OVERVIEW

Our God

DECREASE YOUTH SUBSTANCE USE

61%

Of Montgomery County students reported lifetime use of alcohol -Dayton Area Drug Survey 8%

Of Montgomery
County students
reported lifetime use
of non-prescribed
pharmaceutical
opioids
-Dayton Area Drug Survey

41%

Of Montgomery County students reported lifetime use of marijuana -Dayton Area Drug Survey

DECREASE YOUTH BEHAVIORAL HEALTH ISSUES

20.5%

7.7%

Of Montgomery County students gambled within the past 12 months

-Ohio Healthy Youth Environments Survey Of Montgomery County students seriously considered suicide in the past year

-Ohio Healthy Youth Environments
Survey





5 Ways to Get Involved with the Prevention Coalition

- Join us for our full coalition meetings that take place once every other month. You'll receive a calendar invite with information regarding date, time and location.
- Submit a member application. Membership is free. By filling out an application, we are better able to gauge your interests and ensure you're getting the most out of your experience with the coalition. Visit preventionmc.org/connect.
- Join a committee! Committees meet once a month and focus on a variety of issues. Committee meetings are where the action happens. We are always seeking new members and new perspectives. RSVP for the committee of your choice by visiting preventionmc.org/events.
- Sign up for our mailing list and "like" us on Facebook.

 Keep up to date on coalition initiatives.
 - facebook.com/preventionmc
 - preventionmc.org/connect
- If you're looking for hands on experience with community members and prefer volunteer opportunities outside of standard work hours, please contact Colleen Oakes at coakes@mcadamhs.org or at 937-443-0416 x 121.

OUR APPROACH

WE UTILIZE EVIDENCE-BASED **STRATEGIES**



We utilize strategies that are backed by research. Our prevention strategies are driven by local data and are proven to be effective to decrease behavioral health issues at a community-level.

Strategic Prevention Framework

The process the coalition uses to prevent and reduce substance use.

- Assessment Collecting Data
- Capacity
- Building Relationships & Partnerships
- Planning Using our data and brainstorming on how to tackle the problems

- **Implementation** Putting our plans into action
- **Evaluation** Did our efforts and work make a difference?

OUR APPROACH





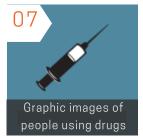














Source: Ohio Attorney General's Drug Use Prevention Resource Guide

WE UNDERSTAND SCARE TACTICS ARE NOT EFFECTIVE

So we don't use them. Instead, we support evidence-based strategies.



one

Teach social skills that help youth handle social situations



two

Education that help students realize using drugs & alcohol is not the norm

three

Teach resiliency skills to help youth cope with change, manage stress & learn from setbacks

four

Promote protective factors that encourage the development of positive aspects of life

five

Model and teach refusal skills to help empower students when faced with uncomfortable situations

six

Reduce stigma and teach students skills to seek help when nee led

seven

Screen youth for potential mental health or substance use issues to intervene early

eight

Advocate for policies that promote safe and healthy schools and communities

nine

Modify the physical design of public spaces to enhance safety

ten

Enhance the skills of professionals to achieve community level health outcomes



communities to thrive



COMMUNITY

INCORPORATING ALL 12 SECTORS OF THE COMMUNITY, PLUS MORE

We understand the importance of collaboration among systems to create healthier communities. In doing so, we ensure different sectors' perspectives are used to influence the development of strategies within the coalition.



ACRONYMS & DEFINITIONS

We try our hardest to not use acronyms but sometimes they slip. Please let us know if we use an acronym that you're not familiar with. Here's a list of ones that we use often.

ADAMHS

The Montgomery County Alcohol, Drug Addiction and Mental Health Services Board funds behavioral health services including prevention, treatment, and recovery services in Montgomery County. ADAMHS also serves as the fiscal agent for the coalition.

ADAPAO

The Alcohol and Drug Abuse Prevention Association of Ohio is a nonprofit organization that advocates on behalf of prevention professionals at a state-level.

CADCA

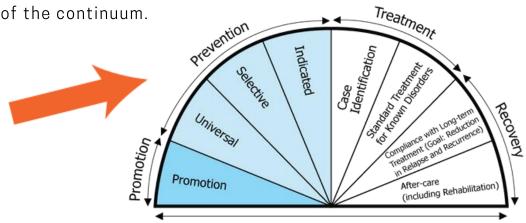
The Community Anti-Drug Coalitions of America is a national organization that trains local grassroots groups, known as community antidrug coalitions, in effective community problem-solving strategies, teaching them how to address their local substance abuse related problems and develop a strategic plan to address them.

COAT

The Community Overdose Action Team was established in 2016 to address the opioid crisis in Montgomery County. This collaborative, community-wide approach has had an impact on decreasing the numbers of drug-related overdose fatalities in the county.

CONTINUUM OF CARE

The strategies developed in the coalition are intended to target individuals, specifically youth and adolescents, before they develop a substance-use disorder. Our work happens on the left half of the continuum.



DFC

Drug-Free Communities Grant- this is a grant through the Office of National Drug Control Policy (ONDCP) that funds the Montgomery County Prevention Coalition's substance abuse specific prevention initiatives.

OHYES

The Ohio Healthy Youth Environments Survey is a statewide survey administered to middle and high school-aged students that looks at risk behaviors that students may be involved in. This survey data informs the coalition about the issues we need to work on around youth substance use prevention and mental health promotion.

OMHAS

The Ohio Department of Mental Health and Addiction Services is the state department that oversees funding and implementation of substance abuse and mental health services in the state of Ohio

ONDCP

The Office of National Drug Control Policy is the federal entity that oversees the Drug Free Communities Grant.

SAMHSA

The Substance Abuse and Mental Health Services Administration is the federal entity that works to reduce the impact of substance abuse and mental illness throughout the nation. The agency was established in 1992 and directed by Congress to target effectively substance abuse and mental health services to people most in need and to translate speech in these areas more effectively and more rapidly into the general health care system.

SPCA

The Statewide Prevention Coalition Association is an advocacy group for substance use prevention coalitions throughout the state of Ohio. SPCA provides resources and training to coalitions to build capacity.

SPF

The Strategic Prevention Framework is a planning process used by prevention coalition to ensure that members are successful in reducing drug use and mental illness in their communities.



WHO CAN JOIN THE PREVENTION COALITION?

Membership is open to any Montgomery County resident, employee and others who support the coalition's mission.

HOW MUCH OF A TIME COMMITMENT IS REQUIRED?

The time commitment is up to the member. Committee meetings take place monthly and last 1.5-2 hours each. The coalition meets once every other month for 2 hours. Sometimes members will volunteer for events outside of those hours. Members can be as involved as they choose to be.

WHO LEADS THE COALITION?

The coalition is run by our Executive Board, which consists of a President, Vice-President, Treasurer, and Secretary. This group meets monthly and provides strategic input for the direction of the coalition. With that said, the coalition is ultimately run and influenced by its members who help to define the issues in our communities and develop and implement initiatives that prevent behavioral health issues.

WHAT IS THE DIFFERENCE BETWEEN COALITION MEETINGS AND COMMITTEE MEETINGS?

Coalition meetings take place once every other month and this is a time for committees to report on the progress they are making as well as current initiatives that they are developing. There is also a training component to each coalition meeting. Committee meetings take place once a month and are geared more towards development and implementation of prevention strategies. This is where the work of the coalition takes place.